# J JOANNA TABAKU

The following books shaped me - of course experiences, various audio wisdoms and conversations with valuable people did too...

I have categorized these books into Masculine and Feminine as I believe it is important to distinguish and start with what is right for you in the moment.

I started with masculine energy books as I was raised and conditioned to action and doing not so much feeling and being. I eventually realized more masculine strategies were not the right answer - they did not help as much at the time & only after reading and embodying books that are more about the flow and the feeling, I realized that the order really matters and can slow you down or speed you up and also make you more tense or more aligned with flow...

Choose the order that flows and makes you feel at ease, not more tense.

At the end I also included links to my books published so far. Enjoy and grow happy, healthy and wealthy!

# **\*\*** MASCULINE — ACTION, DOING, STRATEGIES

# 1. Eat That Frog

**Brian Tracy** 

https://www.thriftbooks.com/w/eat-that-frog-21-great-ways-to-stop-procrastinating-and-get-more-done-in-less-time\_brian-tracy/247476/

#### 2. The Millionaire Next Door

Thomas J. Stanley & William D. Danko

https://www.bookdepository.com/Millionaire-Next-Door-Thomas-J-Stanley/9781589795471

# 3. The Richest Man in Babylon

George S. Clason

https://www.penguinrandomhouse.com/books/611349/the-richest-man-in-babylon-by-george -s-clason/

# 4. You<sup>2</sup> (You Squared)

Price Pritchett

https://pritchettnet.com/product/you2

#### 5. Rich Dad Poor Dad

Robert T. Kiyosaki

https://www.richdad.com/products/rich-dad-poor-dad

#### 6. Cashflow Quadrant

Robert T. Kiyosaki

https://www.richdad.com/products/rich-dad-s-cashflow-quadrant

#### 7. As a Man Thinketh

James Allen

https://www.amazon.com/As-Man-Thinketh-James-Allen/dp/1503055361

# 8. The E-Myth Revisited

Michael E. Gerber

https://www.harpercollins.com/products/the-e-myth-revisited-michael-e-gerber

#### 9. Goals!

**Brian Tracy** 

https://www.thriftbooks.com/w/goals-how-to-get-everything-you-want-faster-than-you-ever-thought-possible brian-tracy/251842/

# 10. The 10X Rule

**Grant Cardone** 

https://grantcardone.com/collections/books/products/the-10x-rule-book

# 11. The Miracle Morning

Hal Elrod

https://miraclemorning.com/book-and-resources/

#### 12. Increase Your Financial IQ

Robert T. Kiyosaki

https://www.richdad.com/products/increase-your-financial-iq

# 13. Never Split The Difference

Chris Voss

https://www.harpercollins.com/products/never-split-the-difference-chris-voss

#### 14. Go for No!

Richard Fenton & Andrea Waltz

https://www.goforno.com/products/go-for-no-book

#### 15. Awaken the Giant Within

Tony Robbins

https://store.tonyrobbins.com/products/awaken-the-giant-within

# 16. Who Moved My Cheese?

Spencer Johnson

https://www.penguinrandomhouse.com/books/295975/who-moved-my-cheese-by-spencer-johnson-md/

# 17. Feel the Fear and Do It Anyway

Susan Jeffers

https://www.simonandschuster.com/books/Feel-the-Fear-and-Do-It-Anyway/Susan-Jeffers/9780345487421

# 18. Public Speaking

Ted Goldman

https://www.amazon.com/-/es/Ted-Goleman/dp/180179894X

#### 19. Mindset

Carol S. Dweck

https://www.penguinrandomhouse.com/books/44330/mindset-by-carol-s-dweck-phd/

# 20. The Chimp Paradox

Prof. Steve Peters

https://chimpmanagement.com/the-chimp-paradox/

#### 21. The 5 Second Rule

Mel Robbins

https://melrobbins.com/books/the-5-second-rule/

# 22. 25 Negotiating Strategies for Highly Successful Women

Natalie Disque

https://www.amazon.com/Negotiating-Strategies-Highly-Successful-Women/dp/1518809855

# → FEMININE — FLOW, BEING, FEELING & ATTRACTION

#### 1. The Power of Awareness

Neville Goddard

https://www.amazon.com/Power-Awareness-Awakened-Imagination/dp/0486836126

#### 2. You Can Heal Your Life

Louise Hay

https://www.hayhouse.com/shop/heal-your-life-2023

#### 3. You Were Born Rich

**Bob Proctor** 

FREE AUTHORIZED PDF

https://pardot.s3.amazonaws.com/marketing/You%20Were%20Born%20Rich%20Book.pdf

# 4. The Having: The Secret Art of Feeling and Growing Rich

Suh Yoon Lee & Jooyun Hong

https://www.harpercollins.com/products/the-having-jooyun-hong

#### 5. The Magic

Rhonda Byrne

https://www.thesecret.tv/products/the-magic/

#### 6. The Power

Rhonda Byrne

https://www.thesecret.tv/products/the-power/

#### 7. The Secret

Rhonda Byrne

https://www.thesecret.tv/products/the-secret-book/

#### 8. The Power of Your Subconscious Mind

Joseph Murphy

https://www.penguinrandomhouse.com/books/676637/the-power-of-your-subconscious-mind-by-joseph-murphy/

# 9. The Master Key to Wealth

Joseph Murphy

https://www.amazon.com/Master-Key-Wealth-Joseph-Murphy/dp/9562915247

#### 10. The Whole-Brain Child

Daniel J. Siegel & Tina Payne Bryson

https://www.penguinrandomhouse.com/books/286608/the-whole-brain-child-by-daniel-j-siege l-and-tina-payne-bryson/

# 11. Psychocybernetics

Maxwell Maltz

https://www.penguinrandomhouse.com/books/115120/psycho-cybernetics-by-maxwell-maltz/

#### 12. Rich as F\*ck

Amanda Frances

https://amandafrances.com/richafbook/

# 13. The Science of Getting Rich

Wallace D. Wattles

https://www.penguinrandomhouse.com/books/714001/the-science-of-getting-rich-by-wallace-d-wattles/

# 14. Strong Mothers, Strong Sons

Meg Meeker

https://www.megmeekermd.com/store/p/strong-mothers-strong-sons

# 15. Astrology Magick

Lindsay Squire

https://www.amazon.com/Astrology-Magick-yourself-magick-Forests/dp/0711277184

# **16. The Four Agreements**

Don Miguel Ruiz

https://www.hachettebookgroup.com/titles/don-miguel-ruiz/the-four-agreements/9781878424 310/

# 17. The Happiness Project

Gretchen Rubin

https://gretchenrubin.com/books/the-happiness-project/

# 18. The Wisdom of Sundays

**Oprah Winfrey** 

https://www.oprah.com/app/the-wisdom-of-sundays.html

# 19. Black Magic

Lily Hart

https://www.amazon.co.uk/Black-Magic-How-Bad-Witch/dp/0349438803

# 20. The Amazing Power of Deliberate Intent

Esther & Jerry Hicks (The Teachings of Abraham)

https://www.hayhouse.com/shop/books/the-amazing-power-of-deliberate-intent-paperback

#### 21. Ask and It Is Given

Esther & Jerry Hicks

https://www.hayhouse.com/shop/books/ask-and-it-is-given-paperback

### 22. Money, and the Law of Attraction

Esther & Jerry Hicks

https://www.hayhouse.com/shop/books/money-and-the-law-of-attraction-paperback

# → JOANNA'S BOOKS — FLOW & STRATEGY, FEELING & ATTRACTION WITH ALIGNED ACTION

### 1. The Ambitious Mother Success Formula

Joanna Tabaku

https://www.amazon.com/Ambitious-Mother-Success-Formula-ingredients-ebook/dp/B08BY XLXV3

# 2. Parenting Mastery

Joanna Tabaku

FREE BOOK

https://www.joannateaches.com/hubfs/143969652/Parenting%20Mastery%20(2).pdf?hsLang =en